

### ***Water-smart choices for a beautiful garden!***

That's what we're all looking for here in our sun-rich but water-poor environment. And that's exactly what our FCR entry gardens are all about. So step inside. Look around. Feast your eyes on a surprising variety of plants, all carefully selected to enable gardeners of all levels to achieve eye-catching gardens that require fewer resources yet achieve a positive environmental impact.

What does it take to be an environmentally wise plant choice? We like to start by considering the following points:

- It thrives in a broad range of conditions
- It flourishes with limited water
- It's disease and insect resistant
- It delivers long-lasting beauty
- It's non-invasive
- And best of all, It's handsome to look at

Is all that possible here in our dry, dry Falls Creek environment? Take a tour of our gardens and see for yourself!

Additional resources to help get you started: The following books are some of the favorites of our Falls Creek gardeners:

- Durable Plants for the Garden: A Plant Select Guide. Contributors: Colorado State University; Denver Botanical Gardens; Members of Green Industries of Colorado.
- Gardening with Altitude: Cultivating a New Western Style. Denver Botanic Gardens.
- The Undaunted Garden: Planting for Weather-Resilient Beauty (2nd Edition). Lauren Springer Ogden.
- Pretty Tough Plants: 135 Resilient, Water-smart Choices for a Beautiful Garden. Plant Select.
- High and Dry. Robert Nold.

Falls Creek Ranch

Garden Guide

July 2019

1. **Blue Oat Grass (*Helictotrichon sempervirens*)**

Origin: Central and Southwestern Europe Hardiness zone:  
Zones 4-9

Water requirements: Water regularly, allowing soil to dry slightly.  
Drought tolerant.

Light/soil requirements: Full sun. Average, well-drained soils.

Growth characteristics: Ht. 2-3', width 2-3'.

Value to wildlife/pollinators: None noted.

Bloom period: Summer. Brown seed heads. Blue-green foliage.  
Semi-evergreen.

Special care, if any: Prune away old, faded foliage before new growth emerges  
in spring.

Historical/cultural/medicinal uses: N/A

Other interesting facts: The name *Helictotrichon* comes from the Greek words  
"helix" meaning spiral and "trichos" meaning hair.

<https://www.monrovia.com/plant-catalog/plants/1380/blue-oat-grass/>



2. **Gold Mound Spirea (*Spiraea japonica* Gold Mound)**

Origin: Japan

Hardiness zone: Zones 4-8

Water requirements: Water regularly, allowing soil to dry  
slightly. Drought tolerant.

Light/soil requirements: Full sun. Average, well-  
drained soils. Tolerates clay soils.

Growth characteristics: Ht. 2-3', width 2-3' wd.

Value to wildlife/pollinators: Attracts butterflies.

Bloom period: Late spring pink flowers. Deciduous. Golden foliage in spring to  
red tinge in fall.

Special care, if any: Mulch for winter. Deadhead after blooming. Prune late  
winter/early spring.

Historical/cultural/medicinal uses:

Other interesting facts:

<https://www.thespruce.com/gold-mound-spiraea-2132747>



3. **Penstemon ground cover, Beardtongue (*Penstemon caespitosus*)**

Origin: Native to Wyoming, Colorado and Utah

Hardiness zone: Zones 4-7 Water  
requirements: Dry to medium

Light/soil requirements: Full sun. Well-drained soil.

Growth characteristics: Ground cover. 2" Ht. Mat-forming perennial,  
spreads by runners Value to wildlife/pollinators: Deer resistant.

Bloom period: Lavender-purple flowers with hairy throats May thru July



Special care, if any: Requires well-drained soil, otherwise easy to grow  
Historical/cultural/medicinal uses: Most widely planted lavender species.  
Used for perfumes and sachets. Slow growing.

Other interesting facts:

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=287042&isprofile=0&>

4. **Mojave Sage (*Salvia pachyphylla*)**

Origin: Native to western U.S.

Hardiness zone: Zones 5-8

Water requirements: Drought Resistant / Waterwise.

Light/soil requirements: Full sun. Low fertility soil,  
well-drained soil

Growth characteristics: 18"ht./18-24" wd.

Value to wildlife/pollinators: Deer/rabbit resistant.

Attracts bees, butterflies, hummingbirds.

Bloom period: Pink/purple flower in summer. Evergreen

Special care, if any: Must be planted in spring or early summer, not in the fall.

Historical/cultural/medicinal uses: N/A

Other interesting facts:

<https://www.highcountrygardens.com/perennial-plants/salvia/salvia-pachyphyllamulberry-flambe>



5. **Sedum Middendorf (*Sedum middendorffianum*) Common: Chinese Mountain Stonecrop**

Description: Evergreen groundcover, grows 4 in tall and spreads 12-15 in.

Origin: Asia

Hardiness zones: 4-8

Water requirements: Low; drought tolerant.

Light/soil requirements: Full sun; sandy to average well-drained soil.

Growth characteristics: N/A

Value to wildlife/pollinators: Attracts bees, butterflies and hummingbirds; deer and rabbit resistant.

Seasonal interest: Produces yellow to orange-red blooms in mid-summer.

Special care, if any: N/A

Historical/cultural/medicinal uses: N/A

Other interesting facts:

<https://www.highcountrygardens.com/perennial-plants/sedum/sedum-middendorffianum>

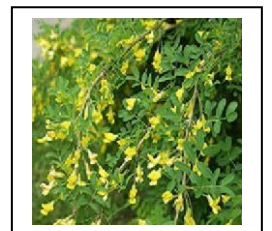


6. **Siberian Peashrub (*Caragana arborescens*)**

Description: Large, compact deciduous tree-shrub prized for its light green fern-like foliage and yellow blossoms. Grows over 8 feet as a shrub.

Origin: Siberia, China

Hardiness zones: 2-7



Water requirements: Low, drought tolerant.

Light/soil requirements: Full sun to partial shade; tolerates a wide variety of soils, as long as well-drained.

Growth characteristics: N/A

Value to wildlife/pollinators: Attracts butterflies and hummingbirds to flowers, birds to pea pods; deer and rabbit resistant.

Seasonal interest: Produces fragrant yellow flowers in spring, then pea pods by mid-summer.

Special care, if any: N/A

Historical/cultural/medicinal uses: N/A

Other interesting facts:

<https://www.mortonarb.org/trees-plants/tree-plant-descriptions/siberian-pea-shrub>

7. **Rose Glow Barberry (*Berberis thunbergii* f. *atropurpurea* "Rose Glow")**

Description: A deciduous shrub with deep purple leaves and red berries.  
Grows 3-6 feet high by 3-4 feet wide.

Origin: Holland

Hardiness zones: 4-8

Water requirements: Low; drought tolerant once established.

Light/soil requirements: Full sun to very light shade; tolerates a wide variety of well-drained soils.

Growth characteristics: Due to the thorny spine production, best not to plant too close to walkways.

Value to wildlife/pollinators: Attracts birds; deer and rabbit resistant.

Seasonal interest: Produces small yellow insignificant flowers among the leaves; in fall, the dark purple foliage turns bright red, and the red berries last through winter.

Special care, if any: Soil needs to be well-drained.

Historical/cultural/medicinal uses: N/A

Other interesting facts:

<https://www.thetreecenter.com/rose-glow-barberry/>



8. **Shasta Daisy (*Leucanthemum x superbum*)**

Description: Commonly grown flowering herbaceous perennial plant with the classic daisy appearance of white petals around a yellow disc, growing 3-4 ft. ht., 2-3 ft. wd., with 3-4 in. flowers.

Origin: European wildflower Hardiness zones: 4-9

Water requirements: Low once established.

Light/soil requirements: Full sun; any soil.

Growth characteristics: 3-4 feet high and 2-3 feet wide, with 3-4 in. flowers.

Value to wildlife/pollinators: Attracts butterflies; deer and rabbit resistant.

Seasonal interest: Produces classic white blooms with yellow centers for at least 4 weeks during mid-summer to early fall.

Special care, if any: Dead-head often to prolong blooming.

Historical/cultural/medicinal uses: N/A

Other interesting facts:

<https://www.americanmeadows.com/perennials/shasta-daisy/shasta-daisy-becky>



9. **White Dracocephalum**(*Dracocephalum argunense* “Fuji White”) **Common: Dragonhead**



Description: Long-living perennial that form compact 1 ft. clumps of leathery green foliage, and white flower spikes. Grows 12-18 in high and 10-12 in wide.

Origin: Northeastern Asia

Hardiness zones: 4-8

Water requirements: Low; drought tolerant.

Light/soil requirements: Full sun to partial shade; dry, well-drained soil

Growth characteristics: 12-18 in high and 10-12 in wide.

Value to wildlife/pollinators: Attracts butterflies and hummingbirds; deer and rabbit resistant.

Seasonal interest: Produces short stalks of clear white flowers from early June to mid-August.

Special care, if any: N/A

Historical/cultural/medicinal uses: N/A

Other interesting facts:

<http://rslandscapeesign.blogspot.com/2014/07/dracocephalum.html>

10. **Catmint (*Nepeta sp.*)**



Description: Bushy, xeric perennial plant that grows 10-24 in. high and 12 to 24 in. wide.

Origin: Eurasia, Africa

Hardiness zones: 4-9

Water requirements: Very low.

Light/soil requirements: Full sun to light shade; any soil

Growth characteristics: Grows 10-24 in. high and 12 to 24 in. wide.

Value to wildlife/pollinators: Attracts bees; deer and rabbit resistant.

Seasonal interest: Produces blue blooms on stalks from late spring to late summer.

Special care, if any: Best to plant seedless varieties to avoid becoming invasive.

Historical/cultural/medicinal uses: N/A Other interesting facts:

<https://www.thespruce.com/catmints-nepeta-1402851>

11. **Wee One Dwarf English Lavender (*Lavandula angustifolia* ‘Wee One’)**



Origin: Mountains of southern Europe (not actually from England)

Hardiness zone: Zones 5-10 Water requirements: Dry/xeric.

Light/soil requirements: Full sun. Loam or sandy soil.

Growth characteristics: Ht. 8-10 “, width 12-15 “. Dwarf.

Value to wildlife/pollinators: Deer resistant. Attracts birds, bees, and butterflies.

Bloom period: Late spring. Compact heads of lavender-blue flowers and dark blue calyxes.

Special care, if any: N/A

Historical/cultural/medicinal uses: Most widely planted lavender species. Used for perfumes and sachets. Slow growing.

Other interesting facts: Excellent heat/cold hardiness.

<http://plantselect.org/plant/lavandula-angustifolia-wee-one/>

12. **Stella D'Oro Day Lily (Hemerocallis 'Stella de Oro')**



Origin: Asia  
Hardiness zone: Zones 3-9  
Water requirements: Drought tolerant  
Light/soil requirements: Full sun (tolerates light shade).  
Well-drained soil.  
Growth characteristics: Ht. 12 ". Can be used as a groundcover.  
Value to wildlife/pollinators: Deer resistant.  
Bloom period: May-July. Repeat bloomer. Golden, trumpet-shaped, fragrant flowers. Useful as cut flowers as well  
Special care, if any: Blooms more profusely if deadheaded. Divide in fall or early spring  
Historical/cultural/medicinal uses: N/A  
Other interesting facts:  
<https://www.thespruce.com/taxonomy-of-stella-de-oro-daylily-2132564>

13. **Amur Maple (Acer ginnala)**



Origin: Korea, Japan, Mongolia, Siberia  
Hardiness zone: Zones 4-7  
Water requirements: Drought tolerant  
Light/soil requirements: Sun/partial sun. Acid soil/alkaline tolerant  
Growth characteristics: 15'-18' ht. & width  
Value to wildlife/pollinators: Not deer resistant. Good for pollinators  
Bloom period: Red-winged seeds (Samaras) appear in summer. Yellow to reddish brown fall color. Deciduous  
Special care, if any: N/A  
Historical/cultural/medicinal uses: N/A  
Other interesting facts: Excellent red fall foliage  
<http://plantselect.org/plant/acer-tataricum-garann-pp-15023>/<http://www.thetreefarm.com/maple-ginnala>

14. **Blue Mist Spirea (Caryopteris clandonensis)**



Origin: Siberia  
Hardiness zone: Zones 5-9  
Water requirements: Moderate to xeric  
Light/soil requirements: Full/partial sun. Clay, loam, sandy soil.  
Growth characteristics: 4'-5' ht./6'-8' width (shrub)  
Value to wildlife/pollinators: Somewhat deer resistant. Flowers attract butterflies/bees  
Bloom period: Late summer bloom/attractive seed heads in winter  
Special care, if any: Prune in winter or early spring  
Historical/cultural/medicinal uses: N/A  
Other interesting facts:  
<https://www.highcountrygardens.com/perennial-plants/caryopteris-blue-mistspirea/caryopteris-clandonensis-first-choice>



15. **Silverheels Horehound (*Marrubium rotundifolium*)**

Origin: Turkey  
Hardiness zone: Zones 4-9  
Water requirements: Moderate to dry  
Light/soil requirements: Sun. Clay, loam, sandy soil.  
Growth characteristics: 4" ht. Groundcover. Not well suited to areas that are frequently irrigated or in poorly drained soil. Vigorous mat-forming groundcover  
Value to wildlife/pollinators: Deer resistant. Good for pollinators  
Bloom period: White flowers in early summer. Silver lining on edges of rounded foliage  
Special care, if any: N/A  
Historical/cultural/medicinal uses: N/A  
Other interesting facts:  
<http://plantselect.org/plant/marrubium-rotundifolium>



16. **Sand Cherry (*Prunus besseyi* 'P011S')**

Origin: North America  
Hardiness zone: Zones 3-8  
Water requirements: Moderate to xeric  
Light/soil requirements: Sun/partial sun. Clay, loam, sandy soil  
Growth characteristics: 15"-18" ht./4'-6' width  
Value to wildlife/pollinators: Not deer resistant. Good for pollinators  
Bloom period: Fragrant white flowers in April. Heavy crops of black cherries in summer. Lustrous green leaves turn bright red and purple in fall.  
Special care, if any: Occasional pruning of small limbs to keep shape  
Historical/cultural/medicinal uses: N/A  
Other interesting facts: A graceful, ground-covering form of native sand cherry.  
<https://www.highcountrygardens.com/perennial-plants/shrubs/prunus-besseyi->



17. **Bush Honeysuckle (*Diervilla lonicera*)**

Origin: Northeastern U.S. and Canada  
Hardiness zone: Zones 3-7  
Water requirements: Drought tolerant  
Light/soil requirements: Full sun/partial shade.  
Growth characteristics: 3' ht./4' width. Mound-shaped shrub  
Value to wildlife/pollinators: Not deer resistant. Attracts hummingbirds and bees (especially important for sustaining bumblebees)  
Bloom period: Fragrant pale yellow flowers appear in late spring, turning orange or purplish-red in fall. Deciduous. Leaves change from yellow to red in fall.  
Special care, if any: N/A  
Historical/cultural/medicinal uses: None known  
Other interesting facts:  
<http://missouribotanicalgarden.org>



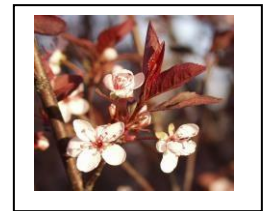
18. **Fern Bush (*Chamaebatiaria millefolium*)**

Origin: Western North America  
Hardiness zone: Zones 4-9  
Water requirements: Xeric  
Light/soil requirements: Full sun. Clay, sandy, average soil  
Growth characteristics: 6'-8' ht./6'-8' width  
Value to wildlife/pollinators: Deer resistant. Highly attractive to bees  
Bloom period: Fragrant white flowers followed by bronze-colored ornamental seed heads. Semi-evergreen, fern-like foliage  
Special care, if any:  
Historical/cultural/medicinal uses:  
Other interesting facts: Also known as Desert Sweet. Highly adaptable  
<https://www.highcountrygardens.com/perennial-plants/shrubs/chamaebatiaria-millefolium>



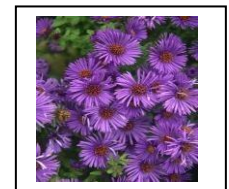
19. **Purple Sandcherry / Purple Leaf Sandcherry (*Prunus cisterna*)**

Origin: American cultivar  
Hardiness zone: 2-7 (up to 8500 ft.)  
Water requirements: Moderate  
Light/soil requirements: Partial/full sun  
Growth characteristics: 6'-8" ht./fast growing  
Value to wildlife/pollinators: Attracts birds  
Bloom period: Small pink flowers in mid-spring. Purple or red summer leaves.  
Special care, if any: N/A  
Historical/cultural/medicinal uses: N/A  
Other interesting facts:  
<http://www.thetreefarm.com/plum-cistena>



20. **Purple Dome Aster (*Aster novae-angliae*)**

Origin: New England  
Hardiness zone: Zones 3-8  
Water requirements: Tolerant of wet site  
Light/soil requirements: Full sun. Normal to clay soil.  
Growth characteristics: 18" ht.  
Value to wildlife/pollinators: Attracts butterflies & bees  
Bloom period: Late summer to late fall. Purple flowers. Pinch back flowers after blooming.  
Special care, if any: N/A  
Historical/cultural/medicinal uses: N/A  
Other interesting facts:  
<https://www.bluestoneperennials.com/ASPD.html>





21. **Mix of Sedums in corn planter (*Sedum spurium*):**

Aka “Dragon’s Blood Sedum”, “Caucasian Stonecrop” or “Two-Row Stonecrop” Characteristics: Mat-forming, evergreen perennial ground-cover.



Origin: Caucasus mountains of southern Russian and northern Turkey.

Hardiness zones: 3-9

Water requirements: Drought tolerant, sensitive to over-watering. Let soil dry out before next watering.

Light/soil requirements: Acidic, sandy, well-drained soils are best, but will tolerate poor soils. Full sun to light shade.

Growth characteristics: Groundcover

Value to wildlife/pollinators: Attracts butterflies and hummingbirds; deer and rabbit resistant.

Seasonal interest: Clusters of soft pink to red star flowers appear in summer. Striking red foliage in fall.

Special care, if any: Avoid over-watering, promotes fungus.

Historical/cultural/medicinal uses: N/A

Other interesting facts:

<https://www.gardenia.net/plant/Sedum%20spurium- Dragons-Blood>

22. **Autumn Joy Sedum ( *Hylotelephium telephium*), aka “Showy Stonecrop”** Characteristics: Hardy, flowering perennial that grows 1.5 to 3 feet, producing pink-to-copper flowers in September-October.



Origin: Eurasia.

Hardiness zones: 3-10

Water requirements: Drought tolerant.

Light/soil requirements: Full sun. Tolerant of a wide variety of soils from sandy to rocky to clay.

Growth characteristics: Grows 1.5 to 3 feet

Value to wildlife/pollinators: Attracts butterflies, bees and the Tarantula Hawk Wasp; deer and rabbit resistant.

Seasonal interest: Clusters of soft pink flowers appear in September, turning to copper in October

Special care, if any: None; very low maintenance.

Historical/cultural/medicinal uses: N/A

Other interesting facts:

[http://hort.ufl.edu/database/documents/pdf/shrub\\_fact\\_sheets/sedxa.pdf](http://hort.ufl.edu/database/documents/pdf/shrub_fact_sheets/sedxa.pdf)

23. **Cheyenne Mock Orange (*Philadelphus lewisii*, var. ‘Cheyenne’**

Resilient, drought-tolerant shrub that produces profuse white, citrus-smelling blossoms.

Grows 6-9 ft. high/ 5-8 ft. wide.



Origin: grows naturally from British Columbia to California; subspecies developed at the USDA Cheyenne, WY Research Center.  
Hardiness zones: 3-9  
Water requirements: Low; drought tolerant.  
Light/water requirements: Sun/partial sun; sandy loam or dry clay soils.  
Value to wildlife/pollinators: Attracts bees and butterflies; deer/rabbit/squirrel resistant.  
Seasonal interest: Blossoms present as 2-in., intensely fragrant white flowers on shrub in early to midsummer.  
Special care: Needs room to grow; periodic pruning will encourage new stems. Very sensitive to herbicides. Historical/cultural/medicinal uses:  
N/A Other interesting facts:  
<https://plantselect.org/plant/philadelphus-lewisii-pwy01s/>

**24. Jupiter's Beard (*Certranthus ruber*) aka "Red Valerian"  
"Kiss-me-quick", "Spur Valerian"**

An everblooming Old World wildflower with clusters of tiny flowers held over deep green foliage. A tough, durable plant, it thrives with minimal water once established. Grows 1.5 to 3 feet tall, 1-2 ft. wide.



Origin: Mediterranean Europe and Northern Africa  
Hardiness: 5-8  
Water requirements: Low water, drought-tolerant.  
Light/soil requirements: Full sun to part shade; variety of soils, particularly alkaline.  
Value to wildlife/pollinators: Butterfly and bee pollinator; deer/rabbit resistant.  
Seasonal interest: Produces fragrant red, pink lavender or white blooms in late spring/ early summer.  
Historical/cultural/medicinal uses: Both stems and flowers can be eaten by humans.  
Other interesting facts:

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=b950>

**25. Iberis (*Iberis sempervirens*) aka "Evergreen Candy Tuft", "Autumn Beauty"**

This evergreen subshrub slowly spreads to form a tidy cushion of shiny dark green leaves; very floriferous, trouble-free groundcover for sun. Grows 6-12 in. high, 1-1.5 ft. wide.



Origin: Southern Europe.  
Hardiness zones: 3-9  
Water requirements: Medium  
Light/soil requirements: Full to half sun/shade; well-drained normal-sandy soils.  
Value to wildlife/pollinators: Attracts butterflies; deer and rabbit resistant.  
Seasonal interest: White-blooming evergreen mounds that bloom early to mid-spring, then again in mid-to-late fall.

Special care: Likes well-drained soils; avoid heavy, wet clay.

Historical/cultural/medicinal uses: N/A

Other interesting facts:

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=k620>

**26. Leadplant (*Amorpha canescens*) aka “Downy Indigo bush”  
“Prairie Shoestring”, “Buffalo Bellows”**

A small-growing deciduous shrub, whose leaves look like they are made of lead. Grows 2-3 ft. high, 2-2.5 ft. wide.

Origin: Missouri

Hardiness zones: 2-9

Water requirements: Low-medium

Light/soil requirements: Full sun to partial shade; does well in poor, sandy, medium moisture to dry soils.

Value to wildlife or pollinators: Attracts birds and butterflies; deer/rabbit/squirrels resistant.

Seasonal interest: Blooms with hundreds of tiny butterfly-attracting steel blue flowers in spikey clusters from July through Sept.

Special care: N/A

Historical/cultural/medicinal uses: Oglala Sioux used the plant for medicinal purposes. Other tribes used the plant for other medical purposes. Leaves were used to make a tea and as a smoking mixture. May be used in gardening as a nitrogen fixing qualities and for erosion control.

Other interesting facts:

<https://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercodeD=b260>



**27. Purple Mtn. Daisy (*Osteospermum barberiae* v. *compactum*)  
aka “African Daisy”**

A dazzling wild flower from the summits of the Drakensberg Mountains in South Africa, which completely covers the trim mat of rich green leaves. Grows 12-14 in. high/wide

Origin: South Africa

Hardiness zones: 4b-9

Water requirements: Medium; will tolerate drought conditions once established.

Light/soil requirement: Full sun to partial shade; likes well-drained clay/loam/sandy soils.

Value to wildlife/pollinators: Attracts bees, butterflies & birds; not deer resistant.

Seasonal interest: Blooms with small, purple flowers from April through June; evergreen foliage.

Special care: Not well-suited to areas that are frequently irrigated, in poorly drained soils, and in soils highly amended with organic materials.

Deadhead spent flowers periodically to keep plants attractive.

Other interesting facts: Grown from seeds collected at over 7000 ft., it was



specially cultivated by Plant Select in Denver.

<https://plantselect.org/plant/osteospermum-barberiae-var-compactum-p005s/>

**28. Dwarf Rabbit Brush (*Chrysothamnus nauseosus* var. *nauseosus* or *Ericameria nauseosa*) Blue Dwarf Rabbitbrush**



A perfect small, low-maintenance xeric shrub for hot, dry conditions. Grows 1-3 ft high/wide.

Origin: Western U.S. and Canada, native to Colorado

Hardiness zones: 4-9

Water requirements: Low to very low; can survive on natural precipitation once established.

Light/soil requirements: Full sun; tolerates heavy soils.

Value to wildlife/pollinators: No attraction to pollinators; deer/rabbit and squirrel resistant.

Special care: Prune regularly in late winter, late spring to remove dead or damaged branches. Remove 1/3rd of the oldest branches at the base.

Historical/cultural/medicinal uses: Used by Native Americans for shelter and dyes. Later used as pesticide, chewing gum, and medicinal treatments.

Other interesting facts:

<https://www.waterwiseplants.org/find-a-plant/dwarf-blue-rabbitbrush/>

**29. Rocky Mountain Penstemon (*Penstemon strictus*) aka “Rocky Mountain Beardtongue”, “Strict Beardtongue”**



A semi-evergreen, herbaceous, flowering perennial plant with showy blue flowers that grows 1-3 ft tall, 1-2 ft. wide, propagated primarily from seed.

Origin: Western U.S., specifically southern Rockies

Hardiness zones: 4-9

Water requirements: Low

Light/soil requirements: Full sun to partial shade. Prefers dry, light, well-drained soils/ will tolerate heavier soils and moisture better than other penstemons.

Value to wildlife/pollinators: Attracts native bees and wasps, occasionally hummingbirds and other birds.

Considered to have forage value for deer, elk and antelope.

Seasonal interest: Displays blue to purple snapdragon-like blossoms in May-June, growing in subalpine valley/sagebrush/conifer forest habitats.

Special care: N/A

Historical/cultural/medicinal uses: N/A

Other interesting facts: The species name “strictus” (Latin for straight) probably refers to the stems.

[https://www.nrcs.usda.gov/Internet/FSE\\_PLANTMATERIALS/publications/idpmcpg12070.pdf](https://www.nrcs.usda.gov/Internet/FSE_PLANTMATERIALS/publications/idpmcpg12070.pdf)

30. **Blue Festuca (*Festuca glauca*) aka Blue Fescue, var. "Elijah Blue "**

A short-lived, low-growing, semi-evergreen, clump-forming ornamental grass noted for its glaucous, finely-textured, blue-gray foliage. It grows 9-12 in. high/12-18 in. wide.



Origin: Central and southern Europe Hardiness zones: 4-8

Water requirements: Low, drought tolerant.

Light/soil requirements: Full sun, dry to medium well-drained soil.

Value to wildlife or pollinators: Deer/rabbit/squirrel resistant

Seasonal interest: It blooms in June-July, but flowers are insignificant.

special care:

Historical/cultural/medicinal uses:

Other interesting facts:

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=285404&isprofile=0&>

31. **Red Birds in a Tree (*Scrophularia macrantha*) Mimbres figwort**

Red Birds in a Tree is a rare shrub that exhibits small, striking, bird-shaped bright red flowers are hummingbird magnets.

Handsome sprays of deep green, serrated foliage on a shrub-like perennial.



Origin: Mountains of New Mexico and Arizona

Hardiness zones: 4-9

Water requirements: Very low; drought tolerant.

Light/soil requirements: Full sun; clay, loam or sandy soil

Value to wildlife/pollinators: Strongly attracts butterflies and hummingbirds; highly deer and rabbit resistant.

Seasonal interest: Produces tall stalks of clear white flowers from early June through frost.

Special care, if any: N/A

Historical/cultural/medicinal uses: N/A Other

interesting facts:

<https://plantselect.org/plantstories/a-feast-for-the-eyes-and-the-birds/>



32. **Stork's Bill (*Erodium cicutarium*) Stork's-bill, Redstem Filaree**

Common Stork's Bill is a sticky, hairy herbaceous annual, or biennial in southern states, and naturalized in the deserts and arid grasslands of the American southwest.. It grows 2-20 in. tall



Origin: [Macronesia](#), temperate Eurasia and north and northeast Africa

Hardiness zones: 6-8, but will survive most winters at zone 5

Water requirements: Low; drought tolerant.

Light/soil requirements: Full sun; grows best in gritty, humus-rich, sharply-drained, neutral to alkaline soils in fields, prairies, grasslands, semi-desert.

Growth characteristics: Grows 2-20 in. tall

Value to wildlife/pollinators: Not particularly attractive to pollinators. Deer and rabbit resistant

Seasonal interest: Produces stalks of light purple flowers early June-October. Grows low to the ground with low moisture, but will grow taller and spread once it obtains water. The fruit is beak-like, hence the name.

Special care, if any: N/A

Historical/cultural/medicinal uses: Many traditional medical uses. The whole plant is astringent, and is used to lessen or stop bleeding, and to treat skin wounds and rashes, typhoid, and rheumatism.

Other interesting facts:

33. **Pineleaf Penstemon (*Penstemon pinifolius*) Beardtongue**

<http://www.luontoportti.com/suomi/en/kukkakasvit/common-storksbill>

Evergreen, herbaceous perennial that forms light green foliage, and profuse red-orange tubular flower spikes. Grows 15 in high and 18 in wide.



Origin: New Mexico and Arizona

Hardiness zones: 4-9

Water requirements: Low; drought tolerant.

Light/soil requirements: Full sun; dry, well-drained, rocky soil at higher elevations

Growth characteristics: Grows 15 in high and 18 in wide.

Value to wildlife/pollinators: Attracts butterflies and hummingbirds, especially native bees; deer and rabbit resistant.

Seasonal interest: Produces tall stalks of red-orange from May to June.

Special care, if any: N/A

Historical/cultural/medicinal uses: N/A

Other interesting facts:

<https://www.highcountrygardens.com/perennial-plants/penstemon/penstemon-pinifolius>



34. **Kanah Creek Buckwheat (*Eriogonum umbellatum*) : Sulphur-flower Buckwheat; Kanah Creek Buckwheat**



A highly-variable native, low-growing woody herbaceous perennial, making it difficult to identify a complex group of 20-40 similar western species. Grows in small clumps to spreading shrubs. 3-16 in high and 10-12 in wide; all varieties form mats.

Origin: Western US and Canada

Hardiness zones: 4-9

Water requirements: Low; drought tolerant.

Light/soil requirements: Full sun; dry, well-drained soil. Prefers open, rocky sites with shallow, sandy soils, sunny slopes and ridges

Growth characteristics: 3-16 in high and 10-12 in wide; mat-forming

Value to wildlife/pollinators: Attracts butterflies and hummingbirds; deer and rabbit resistant. Many birds and small mammals eat its seeds.

Seasonal interest: Short stalks of yellow or white flowers from early June to October. Used for erosion control, foundation plantings and rock gardens. Tolerates sun, heat, drought, and wind.

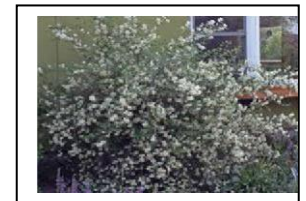
Special care, if any: N/A

Historical/cultural/medicinal uses: Native American tribes used different parts of the plant for medicinal purposes.

Other interesting facts:

[https://plants.usda.gov/factsheet/pdf/fs\\_erum.pdf](https://plants.usda.gov/factsheet/pdf/fs_erum.pdf)

35. **Littleleaf Mock Orange (*Philadelphus microphyllus*)**



Compact deciduous shrub native to the southwestern United States. Grows 1-3 ft high and wide.

Origin: Western U.S. Hardiness zones: 4-9

Water requirements: Low; drought tolerant once established.

Light/soil requirements: Full sun; dry, well-drained, rocky soil

Growth characteristics: Grows 1-3 ft high and wide.

Value to wildlife/pollinators: Attracts bees, butterflies and hummingbirds; deer and rabbit resistant.

Seasonal interest: Very fragrant single white flowers bloom in early to mid-summer

Special care, if any: N/A

Historical/cultural/medicinal uses: The leaves are rich in saponins, when crushed and mixed with water they produce a lather that is an effective cleaner, used on the body, clothes etc.

Other interesting facts:

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=268016&isprofile=1&gen=Philadelphus>

36. **“Blonde Ambition” Grama Grass (*Bouteloua gracilis* 'Blonde Ambition')**

A rugged, cold hardy, native ornamental perennial grass featuring blue green, semi-evergreen foliage and striking, eyelash-like, golden summer flowers on stiff, weather resistant stems. Grows 2-3 ft.high and 10-12 in wide.



Origin: North America

Hardiness zones: 4-9

Water requirements: Low; drought tolerant.

Light/soil requirements: Full sun to partial shade; dry, well-drained soil

Growth characteristics: Grows 2-3 ft.high and 10-12 in wide.

Value to wildlife/pollinators: Attracts birds; deer and rabbit resistant.

Seasonal interest: Produces long stalks of tiny green flowers in mid-summer.

Provides cool-season interest, long-lasting blonde seed heads remain through winter.

Special care, if any: N/A

Historical/cultural/medicinal uses: N/A

Other interesting facts:

<https://www.monrovia.com/plant-catalog/plants/3129/blonde-ambition-blue-grama-grass/>

37. ***Acantholimon venustum***

A slow growing perennial with rosettes of stiff, linear-lance shaped, spiny, silver margined, blue gray leaves, to 1/2 to 1 1/2in (1.5-4cm) long.

They tolerate winter moisture

Origin: Turkey, Syria, Iraq, Iran

Hardiness zones: 4-8

Water requirements: Low; drought tolerant.

Light/soil requirements: Full sun.dry, well-drained soil

Growth characteristics: Grows 12-18 in high and 10-12 in wide.

Value to wildlife/pollinators: Attracts butterflies and hummingbirds; deer and rabbit resistant.

Seasonal interest: Spikes of pink flowers mid-summer.

Special care, if any: N/A

Historical/cultural/medicinal uses: N/A

Other interesting facts:

<http://thegardengeeks.net/plant-guide/1146-acantholimon-venustum>



38. **Prickly Pear Cactus**

Origin: Deserts of the American Southwest

Hardiness zones: 4-8

Water requirements: Low; drought tolerant.

Light/soil requirements: Full sun to partial shade; dry, well-drained soil

Growth characteristics: 3-6 ft wide, and tall .

Value to wildlife/pollinators: Of special value to native bees; small mammals eat the seeds, moths are attracted to their nectar.

Attracts butterflies and hummingbirds; deer and rabbit resistant.



Seasonal interest: Blooms from April to June, forming purple fruit 2-3 inches long

Special care, if any: These cacti have sharp spines as well as tiny barbed hairs called glochids that can be difficult to remove from the skin.

Historical/cultural/medicinal uses: Edible pads (nopal) and fruit, and possible medicinal uses being researched.

Other interesting facts:

[https://www.wildflower.org/plants/result.php?id\\_plant=OPPH](https://www.wildflower.org/plants/result.php?id_plant=OPPH)

39. **Veronica “Giles Van Hees”**

Dazzling sunset pink florets on 6” spikes add vibrant color to the garden in midsummer. Veronica is beautiful in or out of flower, the medium green lance-shaped foliage makes for a carefree tidy plant. Lasts well when cut, charming in bud vases.



Origin:

Hardiness zones: 3-8

Water requirements: Low; drought tolerant.

Light/soil requirements: Tolerates hot, dry sites. Full sun to partial shade; dry, well-drained soil

Growth characteristics: Grows 6 in. high

Value to wildlife/pollinators: Attracts butterflies; deer and rabbit resistant.

Seasonal interest: Pink flowers late spring to early fall

Special care, if any: Prefers evenly moist soil with good winter drainage. Can be divided every 3 years in spring or fall. To keep tidy plants, shear back by 1/2 after flowering. If not cut back in summer, prune down to basal growth in late autumn. N/A

Historical/cultural/medicinal uses: N/A

Other interesting facts:

<https://www.bluestoneperennials.com/VEVH.1>

40. **Penstemon Silverton**

Spreading mounds of silvery, evergreen leaves provide attractive presence year round. Lavender-blue flowers are an added attraction. Perennial. Xeriscape. Thrives in disturbed soils.



Origin: Native wildflower to SW Colorado and NW New Mexico

Hardiness zones: 4-10

Water requirements: Low; drought tolerant.

Light/soil requirement: Full sun to partial sun; dry, well-drained soil

Growth characteristics: Grows 8-12 in high and 12-16 in wide.

Value to wildlife/pollinators: Attracts pollinators; deer and rabbit resistant

Seasonal interest: Lavender flowers in May and June

Special care, if any: Hand trim back dead stems in spring. Can be a long lived perennial if growing conditions are correct. Allow to go to seed

Historical/cultural/medicinal uses: N/A

Other interesting facts:

<https://plantselect.org/plant/penstemon-linarioides-ssp-coloradoensis-p014s/>

41. **Sunset hyssop/Licorice mint hyssop/Hummingbird hyssop (Agastache rupestris)**



Origin: SW United States, NE Sonora Mexico  
Hardiness zone: Zone 4b-10  
Water requirements: Drought tolerant  
Light/soil requirements: Full sun/morning & afternoon shade. Well drained, average to poor soils  
Growth characteristics: 36-42"ht./18"wd. Loves a hot, sunny location.  
Intolerant of poorly drained soil. Value to wildlife/pollinators: Attracts hummingbirds (nectar-rich flowers).  
Deer/rabbit resistant.  
Bloom period: Early summer to mid-fall. Pink and orange flowers.  
Special care, if any: Water new transplants regularly first season to get established.  
Historical/cultural/medicinal uses: Edible flowers, used for delicious tea as well  
Other interesting facts: Entire plant has a delicious fragrance

<https://www.highcountrygardens.com/perennial-plants/agastache/agastache-rupestris>

42. **Mesa Verde ice plant (Delosperma kelaidis)**



Origin: South Africa  
Hardiness zone: Zone 5-7  
Water requirements: Drought resistant  
Light/soil requirements: Full sun/morning & afternoon shade. Sandy or average soil  
Growth characteristics: 4-6" ht./18" wd.  
Value to wildlife/pollinators: Attracts bees  
Bloom period: Iridescent salmon pink flowers with pale yellow centers early summer to mid-fall  
Special care, if any: Water new plants every 5-7 days for the first month after transplanting. After 1<sup>st</sup> year, only need a good soaking every 2-4 weeks if there's been no rain. Do not water in fall so plants can dry out before temperatures drop. Wellwatered plants in fall can freeze once temperatures drop.  
Historical/cultural/medicinal uses:  
Other interesting facts:

<https://www.highcountrygardens.com/perennial-plants/delosperma/delosperma-mesa-verde>

43. **Sea foam artemisia (Artemisia versicolor seafoam)**



Origin: England ( a combination of Old World & New World species)  
Hardiness zone: Zone 3-9  
Water requirements: Moderate to dry  
Light/soil requirements: Full sun/partial shade. Garden loam, clay or sandy soil. Tolerant of poor, dry soil.  
Growth characteristics: 6-12" ht./18-30"wd.  
Value to wildlife/pollinators: Deer and rabbit resistant  
Bloom period: Small greenish white blossoms April to June. Silvery blue leaves.  
Special care, if any: Overwatering can cause leaf necrosis and stem dieback. Cut back by half in spring.  
Historical/cultural/medicinal uses: Named after the Greek goddess Artemis.  
Other interesting facts: Silvery color of leaves makes Artemisias popular in moon gardens.

<https://www.highcountrygardens.com/perennial-plants/artemisia/artemisia-versicolor-seafoam>

44. **Wild Bergamot/Bee Balm (*Monarda fistula*)**

Origin: North America

Hardiness zone: Zone 4-8

Water requirements: Drought resistant

Light/soil requirements: Full sun/afternoon shade. Clay, sandy, average soil.

Growth characteristics: 30-36" ht./18-24" wd.

Value to wildlife/pollinators: Attracts bees, hummingbirds and butterflies. Deer and rabbit resistant.

Bloom period: Pink flowers in summer

Special care, if any: Mulch and water if less than 1 inch rainfall per week.

Divide plants in fall to keep them vigorous.

Historical/cultural/medicinal uses: Used as a medicinal plant by Native Americans to treat colds.

Other interesting facts: Bee Balm is the natural source of the antiseptic thymol, used in mouthwash

<https://www.highcountrygardens.com/perennial-plants/monarda/monardafistulosa>



45. **May Night Meadow Sage (*Salvia sylvestris*)**

Origin: Central Europe and Western Asia

Hardiness zone: Zone 4-9

Water requirements: Drought resistant

Light/soil requirements: Full Sun. Sandy or average soil.

Growth characteristics: 15-18" ht./18" wd.

Value to wildlife/pollinators: Attracts bees and butterflies. Deer and rabbit resistant.

Bloom period: Deep purple blue flowers late spring to late summer (if dead-headed)

Special care, if any: Regular deep irrigation during hot, dry weather. Cut back plants in spring to improve cold hardiness

Historical/cultural/medicinal uses:

Other interesting facts:

<https://www.highcountrygardens.com/perennial-plants/salvia/salvia-sylvestris-may-nights>



46. **Waxflower (*Jamesia americana*)**

Origin: Western North America, canyons & coniferous forests

Hardiness zone: Zone 3-8

Water requirements: Moderate to dry

Light/soil requirements: Full sun/partial shade. Well-drained loam or gravelly soil

Growth characteristics: 3-6' ht./ 4-6' wd. Plant at base of a large rock to cool roots.





Value to wildlife/pollinators: Attracts bees, butterflies and birds  
Bloom period: White to pink flowers in May and June.

Special care, if any: .

Historical/cultural/medicinal uses:

Other interesting facts:

<https://davesgarden.com/guides/pf/go/67207/>

47. **Magenta day lily**

Origin: Eastern Asia, China, Korea and Japan

Hardiness zone: Zone 3-5

Water requirements: Drought resistant

Light/soil requirements: Full to partial sun. Well-drained soil.  
Adaptable to almost any soil conditions.

Growth characteristics: 28" ht.

Value to wildlife/pollinators: Attracts bees and butterflies.

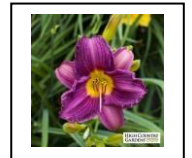
Bloom period: Magenta-purple blooms, with chartreuse-yellow throats  
summer to fall.

Special care, if any: For best results, work in lots of organic matter before  
planting. Water deeply, then mulch with 2-3" of ground  
bark or pine straw.

Historical/cultural/medicinal uses:

Other interesting facts:

<https://www.highcountrygardens.com/perennial-plants/daylilieshemerocallis/purple-doro-daylily>



48. **TBD** Blank area for a new plant to be determined

49. **Boulder raspberry (Rubus deliciosus)**

Origin: Colorado, New Mexico, Wyoming

Hardiness zone: Zone 4-7

Water requirements: Low to moderate

Light/soil requirements: Full sun. Well-drained soil. Tolerates  
wide range from acid to neutral, or basic soil chemistry.

Growth characteristics: 3-4' ht./3-4' wd.

Value to wildlife/pollinators:

Bloom period: White flowers May thru mid-June

Special care, if any: Prune out 1/3 of older stems in late winter to encourage  
flowering

Historical/cultural/medicinal uses:

Other interesting facts: Delicious dry fruit, with lots of seeds.

<http://www.americansouthwest.net/plants/wildflowers/rubus-deliciosus.html>



50. **Moonshine Yarrow (Achillea Moonshine)**

Origin: Eastern Europe and Greece

Hardiness zone: Zone 3-9

Water requirements: Drought resistant

Light/soil requirements: Full sun. Clay, sandy, average soil.

Growth characteristics: 18" ht./24" wd.

Value to wildlife/pollinators: Attracts butterflies. Deer and rabbit resistant

Bloom period: Fragrant yellow blooms early to late summer.

Special care, if any: Overwatering makes them floppy. Cut back to 1-2" above  
soil in spring





Historical/cultural/medicinal uses: Named after the Greek Achilles.  
Other interesting facts: Fragrant foliage too. Very easy to grow.

<https://www.highcountrygardens.com/perennial-plants/achillea/achillea-moonshine>

51. **Furman's Red Sage (Salvia Greggii)**

Origin: SW United States  
Hardiness zone: Zone 5B  
Water requirements: Xeric  
Light/soil requirements: Full sun. Well drained, low fertility soil  
Growth characteristics: 24" -36" ht./18"wd. Plant near large rock for protection.  
Value to wildlife/pollinators: Attracts hummingbirds and butterflies  
Bloom period: Bright red flowers early summer to fall  
Special care, if any: Cut back by 1/2 to 1/3 in spring .  
Historical/cultural/medicinal uses:  
Other interesting facts:



<https://www.highcountrygardens.com/perennial-plants/salvia/salvia-greggii>

[furmans-red](#)

52. **Red Mountain Flame (Delosperma dyeri PWW0025)**

Origin: SW US hybrid of So.Africa  
Hardiness zone: Zone 5  
Water requirements: Drought tolerant  
Light/soil requirements: Full sun. Sandy soil  
Growth characteristics: 1" ht. Avoid low areas, elevate atop site with excellent drainage,mulch with pea gravel to avoid exposure of stems and foliage to cold wet winter soil



Value to wildlife/pollinators: Attracts butterflies and bees  
Bloom period: Brilliant orange-red blooms early summer. Re-blooms with monsoons. Foliage turns bronze for winter. Forms a flat evergreen mat. Special care, if any: .

Historical/cultural/medicinal uses:  
Other interesting facts: A good choice for non-combustible groundcover near home.

<https://www.highcountrygardens.com/delosperma-red-mountain-flame>

53. **Pincushion Cactus, Spring Star, Foxtail ( Escobaria vivipara or vividflorus)**

Origin: SW United States  
Hardiness zone: Zone 4  
Water requirements: Drought tolerant  
Light/soil requirements: Full sun. Sandy soil.  
Growth characteristics: Elevate with good drainage, avoid areas with extended periods of wet snow. 2-4" ht. .



Value to wildlife/pollinators: Attracts bees. Deer/rabbit resistant  
Bloom period: Brief bloom period, with magenta pink flowers in late spring  
Special care, if any: .  
Historical/cultural/medicinal uses:  
Other interesting facts:  
<https://www.highcountrygardens.com/search/go?w=pincushion+cactus>

54. **Hedgehog, Claret Cup Cactus, King's Cup, Strawberry  
(Echinocereus triglochidiatus)**



Origin: SW United States  
Hardiness zone: Zone 4-5  
Water requirements: Drought tolerant  
Light/soil requirements: Full sun. Sandy soil .  
Growth characteristics: 12-15" ht. Elevate with good drainage. Avoid areas of extended wet snow .  
Value to wildlife/pollinators: Attracts bees. Deer/rabbit resistant  
Bloom period: Early summer scarlet red blooms Special care, if any: .  
Historical/cultural/medicinal uses: Edible fruit  
Other interesting facts:  
[https://www.wildflower.org/plants/result.php?id\\_plant=ECTR](https://www.wildflower.org/plants/result.php?id_plant=ECTR)

55. **TBD** Blank area for a new plant to be determined

56. **Opuntia (Prickly Pear Cactus)**



Origin: North and South America  
Hardiness zone: Zone 4  
Water requirements: Drought tolerant  
Light/soil requirements: Full sun. Sandy or well-draining loam.  
Growth characteristics: Elevate, avoid area of extended wet snow .

Value to wildlife/pollinators: Attracts bees. Deer/rabbit resistant. Sometimes eaten by peccary (in the desert) and birds Bloom period: Red, yellow, oranges blooms April-July Special care, if any: .  
Historical/cultural/medicinal uses: Food source for early and modern peoples  
Other interesting facts:  
[https://www.wildflower.org/plants/result.php?id\\_plant=OPPH](https://www.wildflower.org/plants/result.php?id_plant=OPPH)

57. **Spanish Blue Flax (Linum narbonense)** Origin: W United States



Hardiness zone: Zone 4  
Water requirements: Xeric  
Light/soil requirements: Full sun. Tolerates poor soil  
Growth characteristics: 15-18" ht. .  
Value to wildlife/pollinators: Attracts butterflies. Deer/rabbit resistant  
Bloom period: Sky blue flowers late spring to early summer.  
Special care, if any: Trim by 1/3 after bloom. Reseeds. .  
Historical/cultural/medicinal uses:

<https://www.highcountrygardens.com/perennial-plants/unique-plants/linumnarbonense>

58. **Big Tooth Maple (*Acer grandidentatum*)**

Origin : SW United States (our version of the sugar maple of the East)

Hardiness zone: Zone 4-5

Water requirements: Drought tolerant

Light/soil requirements: Full to part sun. Tolerates alkaline soil, limestone and sandy soil

Growth characteristics: 15-20' ht. Small tree. Grows on canyon walls (Utah)

Value to wildlife/pollinators: Deer/rabbit resistant

Bloom period: Fall foliage yellow, gold, scarlet.

Special care, if any: .

Historical/cultural/medicinal uses:

Other interesting facts:

[https://www.wildflower.org/plants/result.php?id\\_plant=acgr3](https://www.wildflower.org/plants/result.php?id_plant=acgr3)



59. **Lavender Cotton (*Santolina chamaecyparissus*)** Origin: Mediterranean

Hardiness zone: Zone 4-5

Water requirements: Drought tolerant

Light/soil requirements: Full sun. Dry sandy soil

Growth characteristics: 2' ht./3'wd. Evergreen shrub

Value to wildlife/pollinators: Attracts butterflies

Bloom period: Yellow blooms mid-summer, with silver foliage

Special care, if any: Trim back in spring to keep more compact .

Historical/cultural/medicinal uses: Leaves can be used in cooking. Some medicinal uses

Other interesting facts:

[https://www.monticelloshop.org/603444.html?mrkgcl=216&mrkgadid=3208648358&rkg\\_id=h-](https://www.monticelloshop.org/603444.html?mrkgcl=216&mrkgadid=3208648358&rkg_id=h-)



60. **Bush Rock Spirea (*Holodiscus dumosus*)** Origin: SW United States

Hardiness zone: Zone 4-5

Water requirements: Drought tolerant

Light/soil requirements: Full sun. Dry, sandy soil. Prefers rocky, even volcanic soil.

Growth characteristics: 6-7'ht. Low, intricately branched shrub

Value to wildlife/pollinators: Useful for wildlife forage, but not seen in FCR

Bloom period: Creamy to pink flower panicles mid-summer. Leave for winter interest

Special care, if any: .

Historical/cultural/medicinal uses: Leaves can be steeped for tea. Some medicinal uses.

Other interesting facts:

[https://www.wildflower.org/plants/result.php?id\\_plant=HODU](https://www.wildflower.org/plants/result.php?id_plant=HODU)



61. **Partridge Feather (*Tanacetum densum* ssp. *amani*)**

Origin: Southeastern Turkey

Hardiness zone: Zones 4-9

Water requirements: Drought resistant/xeric

Light/soil requirements: Full Sun, Morning Sun & Afternoon Shade. Tolerates sandy soil, low fertility soil, well-drained soil

Growth characteristics: Prefers gravel, pine needle, or other fast drying mulch. Groundcover.

Value to wildlife/pollinators: Deer & rabbit resistant.

Bloom period: Late spring, early summer. Yellow flowers in June.

Special care, if any: Plant spring, summer, fall

Historical/cultural/medicinal uses:

Other interesting facts: 4"-6" ht., 18"-24" wide, sprawling. Dead head flowers

<https://www.highcountrygardens.com/perennial-plants/unique-plants/tanacetum-densum-amani>



62. **Avalanche Daisy (*Osteospermum Avalanche*)**

Origin: South Africa

Hardiness zone: Zones 4-9

Water requirements: Drought resistant/waterwise Light/soil requirements: Full sun/morning sun.

Morning/afternoon shade. Tolerates clay soils.

Growth characteristics: 8"-12" ht., 12"-18" mature spread. Cold hardy

Value to wildlife/pollinators: Attracts butterflies

Bloom period: Mid to late spring. Evergreen

Special care, if any: Plant spring/summer/fall

Historical/cultural/medicinal uses:

Other interesting facts: Doesn't set seeds.

<https://www.highcountrygardens.com/perennialplants/uniqueplants/osteospermum-avalanche>



63. **Arizona cypress (*Cupressus arizonica*)**

Origin: American southwest

Hardiness zone: Zones 4/5-9

Water requirements: 10-12" per year, drought tolerant once established

Light/soil requirements: Full sun. Grows naturally on dry, sterile, rocky slopes. Requires well-drained soil

Growth characteristics: Medium sized, pyramidal-shaped tree at maturity, 20-90' ht depending on growing conditions, 15'-20' width. Evergreen.

Value to wildlife/pollinators: Moderately deer resistant

Bloom period: Egg-shaped cones will not open until a fire passes through. Tiny leaves look like scales, and vary in color from gray-green to blue-green. Yellowish-green male and female flowers (monoecious) appear at the tips of the branches

Special care, if any: Plant in early spring. Monitor for pests and fungal issues.

Historical/cultural/medicinal uses: Fire-adapted in the natural environment



Other interesting facts: Marge says we've had great success with this tree at FCR, full sun and ZERO water

<https://www.thespruce.com/arizona-cypress-growing-tips-3269300>

64. **Artemisia Cana**

Origin:

Hardiness zone: Zone 2,3,7, 14-21

Water requirements: Moderate to xeric

Light/soil requirements: Full sun, partial sun. Clay, loam, or sandy soil

Growth characteristics: 8-12" ht./20-36"wd. Requires good drainage

Value to wildlife/pollinators: Deer resistant

Bloom period: Foliage only

Special care, if any:

Historical/cultural/medicinal uses:

Other interesting facts: 8"-12" ht., 20"-36" spread. Sprawls/can be invasive

<http://plantselect.org/plant/artemisia-versicolor-sea-foam/>



65.

**Frost Grass (Spodiopogon sibiricus)**

Origin: Native to Japan, China and Korea

Hardiness zone: Zone 4-8

Water requirements: Moist

Light/soil requirements: Full sun/Partial sun. Well-drained soil

Growth characteristics: Round, upright shape, clump forming grass. Grows up to 4 ft. in height. Used as a specimen, foundation, or mixed border plant

Value to wildlife/pollinators: No serious pests

Bloom period: Tiny purplish or brownish flowers occur in mid to late summer. Small fruit (grains) form along the erect flower clusters

Special care, if any: Cut back to the ground in early spring, before new growth appears.

Historical/cultural/medicinal uses:

Other interesting facts: Bright green 1 inch wide, 8 inch long leaves resemble bamboo, and are covered with fine hairs.

Foliage takes on burgundy hues later in growing season. Winter color is brownish purple. Remains attractive year round.

<http://www.mortonarb.org/trees-plants/tree-plant-descriptions/siberian-frost-grass>



66. **Atlantic Daisy (Leucanthemum Atlanticum)**

Origin: Northern Africa

Hardiness zone: Zone 9? (But thriving at Marge's house!)

Water requirements: Drought tolerant

Light/soil requirements: Full sun/part shade. Clay, sand, loam

Growth characteristics:

Value to wildlife/pollinators:

Bloom period:

Special care, if any:

Historical/cultural/medicinal uses:





Other interesting facts: Grown from seeds at FCR. Very versatile ground cover

[http://navigate.botanicgardens.org/webui/oecqi2.exe/INET\\_ECM\\_DisPI?NAMENUM=47413&startpage=1](http://navigate.botanicgardens.org/webui/oecqi2.exe/INET_ECM_DisPI?NAMENUM=47413&startpage=1)

67. **Agave (*Agave utahensis* ssp. *Kaibabensis*) Utah Century Plant**

Origin: Kaibab plateau, north and western Arizona

Hardiness zone: 5-9

Water requirements: Very drought resistant/ very waterwise

Light/soil requirements: Sandy soil, average soil, low fertility soil, well-drained soil. Full sun

Growth characteristics: 8"-24" ht., 22-28" mature spread. Evergreen. Slow growing, cold tolerant



Value to wildlife/pollinators: Deer & rabbit resistant. Attracts hummingbirds

Bloom period: Summer. Flowering stalks can reach nearly 20' in height

Special care, if any:

Historical/cultural/medicinal uses:

Other interesting facts:

<https://www.highcountrygardens.com/perennial-plants/agave/agave-utahensis-ssp-kaibabensis>

68. **Variegated Sweet Iris (*Iris pallida* Variegata)**

Origin:

Hardiness zone: Zones 4-9

Water requirements: Drought resistant/waterwise

Light/soil requirements: Full sun. Sandy soil, average soil

Growth characteristics: 24"-30" mature ht., 12" spread.

Fragrant blue flowers. Tri-colored foliage.



Value to wildlife/pollinators:

Bloom period: Late spring

Special care, if any: Divide in late summer every 3-4 years

Historical/cultural/medicinal uses:

Other interesting facts:

<https://www.highcountrygardens.com/search/go?w=variegated+sweet+iris>

69. **Spurge (*Euphorbia polychroma*) Bonfire**

Origin: Europe

Hardiness zone: Zones A2; 1-24

Water requirements: Moderate

Light/soil requirements: Full sun. Prefers fast draining infertile soils. Avoid clay soil. Mulch with gravel

Growth characteristics: 18" ht., 2' spread. Deadhead to prevent excessive spread. Evergreen



Value to wildlife/pollinators: Deer & rabbit resistant.

Bloom period: Mid spring-mid summer. Yellow flowers. Bonfire has leaves that emerge green, but mature to red.



Special care, if any: *Sap is very irritating to eye, nose & mouth.* Handle with care, use gloves when handling.

Historical/cultural/medicinal uses:

Other interesting facts: *Important note:* some spurge are invasive and are prohibited in La Plata County.

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=267793>

70. **PK's Sage** *Could not find (Marge says from a Denver botanist)*

Origin:  
Hardiness zone:  
Water requirements:  
Light/soil requirements:  
Growth characteristics:  
Value to wildlife/pollinators:  
Bloom period:  
Special care, if any:  
Historical/cultural/medicinal uses: Other  
interesting facts:

71. **Three Leaf Sumac (Rhus Tribolata)**

Origin: Native to Southwest U.S.  
Hardiness zone: Zones 4-8  
Water requirements: Drought tolerant  
Light/soil requirements: Well adapted to many, including clay or sandy soils  
Growth characteristics: Good choice for screening or wind break. Allow for shrub at maturity 5' ht./6' wide. Can prune to size.  
Value to wildlife/pollinators: Attracts pollinators and birds.  
Bloom period: Early summer. Small chartreuse blooms, followed by tart red berries prized  
Birds. Beautiful fall foliage of red, gold, orange.  
Special care, if any:  
Historical/cultural/medicinal uses: Tart berries are edible, can be made into lemonade. Branches used by Zuni and Navajo in basket making, and leaves dried and used as tobacco substitute.  
Other interesting facts: NOT related to poison sumac.  
<http://www.highcountrygardens.com/perennial-plants/shrubs/rhus-trilobata>



72. **TBD** Blank area for a new plant to be determined

**73. California Buckwheat or Eastern Mojave Buckwheat (*Eriogonum fasciculatum* var. *polifolium*)**

Origin: Native to California

Hardiness zone: Zone 5-9 (hardy to -20F)  
Water requirements: Very drought tolerant  
Light/soil requirements: Full sun. Well-drained, alkaline soil  
Growth characteristics: Good for erosion control.  
Thrives on dry slopes. 3'-4'  
Ht. Can be pruned to size.



Value to wildlife/pollinators: Attracts bees and butterflies. Deer/rabbit resistant  
Bloom period: White flowers in summer, turning to rosy pink/rust color in fall.

Special care, if any:

Historical/cultural/medicinal uses: Native Americans used for many medicinal purposes

Other interesting facts:

[https://www.calflora.org/cgi-bin/species\\_query.cgi?where-calrecnum=3243](https://www.calflora.org/cgi-bin/species_query.cgi?where-calrecnum=3243)

**74. Colorado or Desert Four O'Clocks (*Mirabilis multiflora*)**

Origin: Native from Colorado and Utah south to Northern Mexico

Hardiness zone: Zones 5-9, hardy to -20F  
Water requirements: Drought tolerant once established  
Light/soil requirements: Sun to light shade. Dry, rocky, sandy soil



Growth characteristics: Branches can provide erosion control. 3' Ht./3' Wd at maturity. Late to emerge in spring, so mark it's location. Can be mowed to ground in fall.

Value to wildlife/pollinators: Food for night gluing hawk moths. Attracts bees, hummingbirds, and butterflies

Bloom period: Abundant magenta blooms April through September.

Special care, if any:

Historical/cultural/medicinal uses: Pulverized mirabilis root found at 2000 year old prehistoric site in New Mexico. Widely used by Native Americans

Other interesting facts:

[https://www.highcountrygardens.com/perennial-plants/unique-plants/mirabilis multiflora](https://www.highcountrygardens.com/perennial-plants/unique-plants/mirabilis-multiflora)

75. **Weihenstephaner Gold Sedum (Sedum Kamtschaticum)**

Origin: Native to Asia  
Hardiness zone: Zones 4-9  
Water requirements: Dry to average. Will not tolerate wet alkaline conditions  
Light/soil requirements: Full sun/part shade.  
Prefers poor soil with good drainage



Growth characteristics: Very low growing groundcover. Spreads so trim back in spring before new growth. Good rock garden plant

Value to wildlife/pollinators: Unremarkable. A little attractive to deer/rabbits  
Bloom period: Yellow, star-shaped blooms turning to rusty red seed heads. Attractive dark green foliage

Special care, if any: Sap can be irritating to skin

Historical/cultural/medicinal uses:

Other interesting facts:

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=254199>

76. **Sunset Foxglove (Digitalis Obscura)**

Origin: Spain and North Africa  
Hardiness zone: Zones 5-9. Thrives in high and low elevations

Water requirements: Very drought tolerant. Will not tolerate long wet conditions

Light/soil requirements: Full sun/part shade. Neutral to alkaline, well-drained soil

Growth characteristics: 1'-1.5' Ht. Can prune back in spring

Value to wildlife/pollinators: Attracts hummingbirds, bees, butterflies

Bloom period: Coppery, burnt umber colored tubular blooms. Deep blue green, leathery foliage, creating evergreen mound

Special care, if any:

Historical/cultural/medicinal uses: Similar medicinal properties to digitalis affecting heart rate. Flower stems used in veterinary medicine to heal wounds and treat toothaches in animals.

Other interesting facts: None

<https://www.highcountrygardens.com/perennial-plants/digitalis-foxglove/digitalisobscura-sunset>



77. **Apache Plume (Fallugia Paradoxa)**

Origin: Native to Southwest U.S.



Hardiness zone: Zones 4-8  
 Water requirements: Drought tolerant once established  
 Light/soil requirements: Full sun/ part shade. Sandy or clay loam  
 Growth characteristics: Good for hot, dry sunny locations. 4'-6' Ht. Great accent  
 Value to wildlife/pollinators: Used as forage for wild animals, nectar insects, and cover for nesting sites. Minimal browsing by deer/rabbits at FCR  
 Bloom period: White apple blossom-like blooms, forming feathery pink plumes of seed heads  
 Special care, if any: None  
 Historical/cultural/medicinal uses: Hopis steeped leaves and applied the liquid as a rinse to promote hair growth. Roots dug in the fall boiled in water for coughs, spring twigs used for tea treating indigestion, spring fevers, and ceremonial emetic. Branches used for brooms, arrows, baskets and cradleboards.  
 Other interesting facts: None  
<https://www.highcountrygardens.com/perennial-plants/shrubs/fallugia-paradoxa>

78. **Color Guard (*Yucca filamentosa*)**

Origin: Southeast U.S.  
 Hardiness zone: Zones 4-10  
 Water requirements: Drought tolerant once established  
 Light/soil requirements: Full sun but will tolerate light shade. Thrives in poor soils, from sandy beaches to dry, shallow, rocky soil  
 Growth characteristics: Good for erosion control. 2'-3' Ht. and width. Little to no maintenance  
 Value to wildlife/pollinators: Attracts pollinators and hummingbirds. Deer/rabbit resistant  
 Bloom period: Large creamy white blooms June-July on 5'-8' center stalk. Evergreen. Sword-like yellow leaves with green edges  
 Special care, if any: None  
 Historical/cultural/medicinal uses: Native Americans made soap from yucca plants, and used fibers for baskets and textiles  
 Other interesting facts: None  
<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=c287>

79. **Cooper's Ice Plant (*Delosperma cooperi*)**

Origin: South Africa  
 Hardiness zone: Zones 4-9  
 Water requirements: Drought tolerant  
 Light/soil requirements: Full sun to light shade. Poor dry soil amended with soil conditioner. Persistent winter



wet conditions will kill the plants  
 Growth characteristics: Allow for low growth spreading.  
 Value to wildlife/pollinators: Attracts pollinators. Deer/rabbit resistant  
 Bloom period: Lustrous fuschia blooms with white base from spring to fall.  
 Evergreen foliage, with purple cast in winter  
 Special care, if any: N/A  
 Historical/cultural/medicinal uses: None known  
 Other interesting facts: Easily propagated  
<https://www.highcountrygardens.com/perennial-plants/delosperma/delospermacooperi-coopers-hardy-ice-plant>

80. **Coral Canyon Twinspur (*Diascia integerrima* Benth)**

Origin: South Africa  
 Hardiness zone: Zones 5-9  
 Water requirements: Moderate watering (plant near large rocks to conserve moisture in root area.  
 Located in FCR firehouse garden, using minimal supplemental water via drip, 2-3 times in summer  
 Light/soil requirements: Full sun/part shade. Garden soil.  
 Growth characteristics:  
 Value to wildlife/pollinators: Attracts pollinators. Deer/rabbit resistant  
 Bloom period: Deep coral pink flowers with twin spurs all summer.  
 Special care, if any: N/A  
 Historical/cultural/medicinal uses: N/A  
 Other interesting facts: N/A  
<https://www.highcountrygardens.com/perennial-plants/unique-plants/diasciaintegerrima-coral-canyon>



81. **Mojave Sage (*Salvia Pachphylla*)**

Origin: High hills of California  
 Hardiness zone: Zone 5 Water requirements: Xeric  
 Light/soil requirements: Full sun. Sandy or loamy, dry soil.  
 Growth characteristics: Good for backdrop in garden, 36”ht./36”wd. .  
 Value to wildlife/pollinators: Attracts butterflies and hummingbirds  
 Bloom period: Smoky mauve/purple bracts with violet blue flowers in summer. Silvery foliage.  
 Special care, if any: Prune in fall to shape and remove woody growth .  
 Historical/cultural/medicinal uses: Early native peoples used this for head and stomach aches  
 Other interesting facts: Aromatic  
<https://www.highcountrygardens.com/perennial-plants/salvia/salvia-pachyphylla-mulberry->



82. **Red Leaf Rose (*Rosa rubrafolia* or *Rosa Glauca*)** Origin: South and Central Europe  
 Hardiness zone: Zone 3  
 Water requirements: Xeric





Light/soil requirements: Full/partial sun. Clay, sandy or loam soil  
Growth characteristics: 6'ht./4-6'wd. at maturity. Useful as hedge  
Value to wildlife/pollinators: Browsed by deer and squirrels  
Bloom period: Soft pink blooms mid-summer, if uneaten, hips bright red/orange in fall. Fall foliage deep purple red.  
Special care, if any: .  
Historical/cultural/medicinal uses:  
Other interesting facts: Does not sucker

<http://plantselect.org/plantstories/spring-blooms-autumn-hipsred-leaf-rose/>

83. **Mountain Mahogany (*Cercarpus montanus*)**



Origin: Western United States  
Hardiness zone: Zone 5-10  
Water requirements: Xeric  
Light/soil requirements: Full sun. Well drained, gravelly soil. A nitrogen fixer  
Growth characteristics: 8-9' ht. at maturity .  
Value to wildlife/pollinators: Not deer/rabbit resistant. Foraged by deer and elk.  
Attracts some butterflies  
Bloom period: Trumpet-shaped red and yellow blooms which form spiral seed heads  
Special care, if any: .  
Historical/cultural/medicinal uses: Used for bows, dye, and bark has medicinal uses.  
Other interesting facts: Not a true mahogany, but color and density of wood is similar

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=q560>

84. **Narrow Leaf Yucca (*Yucca angustissima*)** Origin: SW United States

Hardiness zone: Zone 4  
Water requirements: Xeric  
Light/soil requirements: Full sun. Dry, sandy, gravelly poor soils.



Growth characteristics: .  
Value to wildlife/pollinators:  
Bloom period:  
Special care, if any: Overtime will form colonies spreading roots laterally. Can prune out spent flower stalk for appearance sake; however this will not force more blooms. Blooming depends on plant reaching maturity over a period of years.  
Historical/cultural/medicinal uses: Early native peoples used plant for medicinal and craft purposes

Other interesting facts:  
<https://www.swcoloradowildflowers.com/White%20Enlarged%20Photo%20Pages/yucca%20angustissima%20and%20harrimaniae.htm>



85. **Globe mallow (Sphaeralcea)**

Origin: SW United States desert

Hardiness zone: Zone 4

Water requirements: Xeric

Light/soil requirements: Sandy, gravelly, poor soil

Growth characteristics: 36" ht. at maturity .

Value to wildlife/pollinators: Attracts bees (especially ground-nesting bees!).  
Not deer/rabbit resistant. Birds eat seeds.

Bloom period: Scarlet flowers, more blooms in wet years.

Special care, if any: Prune back to 4" in fall. Can be subject to fungal rust. Hairy underside of leaves can be an eye irritant .

Historical/cultural/medicinal uses: Native peoples used medicinally

Other interesting facts:



<http://www.swcoloradowildflowers.com/Pink%20Enlarged%20Photo%20Pages/sphaeralcea.htm>

86. **TBD**

Blank area for a new plant to be determined

87. **Plumbago (ceratostigma plumbaginoides)** Origin: W China

Hardiness zone: Zone 5

Water requirements: Drought resistant

Light/soil requirements: Full sun/partial shade. Average well-drained soil

Growth characteristics: 6-8" ht. Can interplant with bulbs, new foliage covers dying bulbs as plant emerges.  
Not evergreen. Groundcover .

Value to wildlife/pollinators: Deer/rabbit resistant.

Bloom period: Indigo blue blooms early to mid-fall. Foliage turns mahogany red in fall

Special care, if any: Wear gloves when handling—can cause contact dermatitis

Historical/cultural/medicinal uses:

Other interesting facts:

<https://www.highcountrygardens.com/perennial-plants/uniqueplants/ceratostigma-plumbaginoides>



88. **Zauschneria garretti, California Fuschia (Epilobium cana)** Origin: W United States, esp. California

Hardiness zone: Zone 5-9

Water requirements: Average

Light/soil requirements: Full sun/partial shade. Dry, rocky, poor soil

Growth characteristics: Evergreen easily spreading groundcover.

Value to wildlife/pollinators: Deer resistant. Attracts hummingbirds

Bloom period: Brilliant orange/scarlet trumpets early to late summer. Trim after bloom

Special care, if any: .

Historical/cultural/medicinal uses:

Other interesting facts:

<https://www.highcountrygardens.com/perennial-plants/zauschneria-hummingbird->



89. **Fire Spinner (Delosperma Fire Spinner) Ice plant** Origin: U.S. hybrid of South Africa  
 Hardiness zone: Zone 5-8  
 Water requirements: Drought resistant  
 Light/soil requirements: Full sun. Average soil, good drainage  
 Growth characteristics: Good rock garden plant. Excellent non-combustible groundcover.  
 Value to wildlife/pollinators: Attract bees  
 Bloom period: Long mid to late spring. Striking multicolor blooms.  
 Special care, if any: .  
 Historical/cultural/medicinal uses:  
 Other interesting facts:



[https://www.highcountrygardens.com/perennial-plants/delosperma/delosperma fire-spinner](https://www.highcountrygardens.com/perennial-plants/delosperma/delosperma-fire-spinner)

89. **Torch Lily or Red Hot Poker (Kniphia hirsute)** Origin: South Africa  
 Hardiness zone: Zone 5  
 Water requirements: Xeric, with deep watering during dry spells  
 Light/soil requirements: Full sun. Min. 3" of mulch. Average soil, but needs good drainage  
 Growth characteristics: 18" ht./15-18" wd.  
 Value to wildlife/pollinators: Attracts bees & hummingbirds. Deer resistant



Bloom period: Red with bright yellow blooms, but colors can vary, short bloom time (2 months), usually blooms in May (or mid summer)  
 Special care, if any: Divide every 3-5 years for best bloom. Trim back plant in fall after bloom. Can grow in the roughest/toughest of areas. Do not overwater.

Historical/cultural/medicinal uses:

Other interesting facts:

<http://plantselect.org/plantstories/out-of-africa-again-regal-torchlily/>

90. **Kanah Creek Buckwheat (Eriogonum umbellatum v. aureum)**

Origin: Colorado native  
 Hardiness zone: Zone 3-8  
 Water requirements: Drought resistant  
 Light/soil requirements: Full sun. Lean, well-drained soil, perfect for rocky/sandy soils.  
 Growth characteristics: 12-15" ht./15-24" wd. Great to use as natural, un-sheared. Needs two growing seasons to get to full size. A great plant for beginners  
 Value to wildlife/pollinators: Attracts birds & bees. Deer resistant after established.



Bloom period: Yellow flowers, turning to bronzy-orange in late summer and fall.  
 Evergreen, with burgundy foliage in fall Special care, if any: .

Historical/cultural/medicinal uses:

Other interesting facts:

<https://www.highcountrygardens.com/perennial-plants/unique-plants/erogonumumbellatum-v-aureum>

92. **Ben Ledi Rock Rose (also Sun Rose) (*Helianthemum nummularium* Bed Ledi)** Origin: Europe and Western Asia

Hardiness zone: Zone 4-9

Water requirements: Drought resistant

Light/soil requirements: Full sun/morning sun & afternoon shade.  
Well-drained, low fertility soil.

Growth characteristics: 10-12" ht./15-18" wd. Excellent rock garden plant.

Value to wildlife/pollinators: Attracts butterflies & bees. Deer/rabbit resistant

Bloom period: Bi-colored pink/dark pink blooms late spring to early summer.

Evergreen. Spreading.

Special care, if any: Cannot tolerate foot traffic. Requires good drainage.

Historical/cultural/medicinal uses:

Other interesting facts: [https://www.highcountrygardens.com/perennial-](https://www.highcountrygardens.com/perennial-plants/unique-plants/helianthemum-ben-ledi)

[plants/unique-](https://www.highcountrygardens.com/perennial-plants/unique-plants/helianthemum-ben-ledi)

[plants/helianthemum-ben-ledi](https://www.highcountrygardens.com/perennial-plants/unique-plants/helianthemum-ben-ledi)



93. **Spotted Dead Nettle (*Lamium maculatum*)**

Origin: Europe and Asia (about 50 species)

Hardiness zone: Zone 3-9

Water requirements: Average (some water may be needed in dry areas.)

Light/soil requirements: Shade/semi-shade. Clay, sandy, average soil.

Growth characteristics: 6-12" ht./ 24" wd. Vigorous, spreading groundcover

Value to wildlife/pollinators: Deer/rabbit resistant

Bloom period : Various flower colors (white, mauve, purple), blooms late spring to summer.

Special care, if any: Self-mulching. Cut back after flowering to keep shape.

Historical/cultural/medicinal uses:

Other interesting facts:

<https://www.highcountrygardens.com/perennial-plants/unique-plants/lamium>

[nancys-white](https://www.highcountrygardens.com/perennial-plants/unique-plants/lamium)



94. **Red Yucca (*Hesperaloe parviflora*)**

Origin: Chihuahuan Desert

Hardiness zone: Zone 5-10

Water requirements: Drought resistant

Light/soil requirements: Full sun. Well-drained soil

Growth characteristics: 60" ht./36" wd.

Value to wildlife/pollinators: Attracts bees & hummingbirds. Deer resistant

Bloom period: Reddish-pink blooms all summer.

Special care, if any: Supplemental watering may be needed during dry spells.

Historical/cultural/medicinal uses:

Other interesting facts:

<https://www.highcountrygardens.com/perennial-plants/hesperaloe-parviflora-txred-yucca/hesperaloe-parviflora>



95. **Showy False Goldeneye (*Heliomeris multiflora*)**



Origin: Western U.S. and northern Mexico

Hardiness zone: Zone 4-10

Water requirements: Drought resistant

Light/soil requirements: Full sun. Well-drained, loamy to sandy loam soils

Growth characteristics: 18-24" ht.

Value to wildlife/pollinators: Attracts bees, butterflies & hummingbirds. Not deer resistant.

Bloom period: Yellow flowers mid-summer to fall.

Special care, if any: Easy to manage, good for cut flowers.

Historical/cultural/medicinal use: Limited use by Native Americans, Navajos would let sheep graze on it, other tribes used for food.

Other interesting facts:

[https://www.wildflower.org/plants/result.php?id\\_plant=HEMUM](https://www.wildflower.org/plants/result.php?id_plant=HEMUM)